

# HOMETEAM™

## TABLES

TRAINING TABLES FOR ATHLETES EVERYWHERE

*by Clinton Industries*



**PT AND REHAB EQUIPMENT**

# HOMETEAM<sup>TM</sup> TABLES

TRAINING TABLES FOR ATHLETES EVERYWHERE

by Clinton Industries

Clinton Industries believes it's time to cheer on athletes everywhere. So we've used our 45 years of expertise in the design and manufacture of durable medical tables and equipment to develop HomeTeam Tables for the sports market. Because we believe every athlete should have access to quality equipment, we've made our furnishings and equipment affordable for everyone — small colleges, universities and even high schools. And we've designed them to stand up to the rigors of sports—season after season.

HomeTeam Tables are a win on design, a win on durability and a win on price, and that is a pretty good start to any season.





HomeTeam Tables is more than just tables. It's everything you need for your training facility and more. It's storage cabinets and weight racks and even large surface mat platforms for exercise and rehab. Everything you need from one reliable source—made as tough as your team and with an attitude of that sets our products apart from the rest. And best of all, they're not just for the pros or elite programs—*they're affordable for everyone.*

## HomeTeam Tables™ Mat Platforms



### SPECIFICATIONS

240-47	7' L x 4' W x 18" H
240-57	7' L x 5' W x 18" H
240-68	8' L x 6' W x 18" H

### 240

#### Upholstered Mat Platform

- Heavy duty, upholstered mat platform in Natural wood tone
- 6-leg design with center support adds stability
- Triple-bolted, corner legs
- Solid hardwood legs and plywood frame
- Frame attached with steel angles
- 2" ultra-firm, foam padding
- Gray edge bumper guard, helps protect top from tears
- Heavyweight, knit-backed vinyl upholstery
- 240-47 model's upholstery is seamless. Models 240-57 & 240-68, because of their size, are seamed in the middle.
- Optional 21" total height available – see options
- 700 lbs. load capacity under normal use

**! WARNING:** Products featured on this page can expose you to chemicals, including diisononyl phthalate (DINP), which is known to the State of California to cause cancer. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



## 243

### Space Saving, Folding Mat Platform

- Features full back wall that is floor supported
- Sturdy 3 front-leg design
- Projects only 8" when folded
- Folding legs with lock in place latch
- Solid hardwood legs and plywood frame
- Frame attached with steel angles
- 2" ultra-firm, foam padding
- Gray edge bumper guard, helps protect top from tears
- Heavyweight, knit-backed vinyl upholstery
- Optional 21" total height available – see options
- 500 lbs. load capacity under normal use

**NOTE:** Mounting hardware not included. Check with your building manager for the proper type of fasteners needed for your specific wall structure.



#### SPECIFICATIONS

243-47	7' L x 4' W x 18" H
243-57	7' L x 5' W x 18" H



## 253

### Hi-Lo Mat Platform with Upholstered Top

- Hi-Lo mat platform with easy-clean, ABS plastic, fully enclosed base
- Electric power height adjustment with foot control
- Ultra-strong, uniframe base and top construction
- Heavy duty, all welded, lift mechanism
- Durable gray powder-coated steel frame
- Self-lubricating pivot points
- Smooth 110 volt electric height adjustment
- Hands-free low voltage foot control
- Easy service, self contained, electrical components
- Custom bumper strip helps protect top's edges from tears
- Model 253-47's upholstery is seamless. Models 253-57 & 253-68's upholstery, because of the size, is seamed in the middle.
- 2" ultra-firm padding
- Low height may help achieve ADA tax credit
- Made in the USA by Clinton Industries
- 600 lbs. load capacity under normal use

#### SPECIFICATIONS

253-47	7' L x 4' W x 22"-34" H
253-57	7' L x 5' W x 22"-34" H
253-68	8' L x 6' W x 22"-34" H

**IMPORTANT NOTE:** Due to the size of the product, it **MUST** ship to a truck height dock.

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## SPECIFICATIONS

30" W x 23.5" D x 78" H

### 5210

#### Tall, PT Cabinet with 1 Drawer

- All laminate construction
- Door lock and inside bolt latch included
- Double door, 270° full swing hinges, fold out of the way for full access to contents
- 6 easy-load positions for exercise band
- 2 solid plastic, cuff weight racks
- 22 spaces for dumbbells weighing up to 10 lbs.
- 1 multi-position self for storage
- 1 drawer that can hold up to 75 lbs. features smooth glides and one-piece metal sides
- Satin door and drawer pulls

*All supplies shown NOT included.*



## SPECIFICATIONS

30" W x 23.5" D x 78" H

### 5211

#### Open Access, Tall, PT Cabinet with 1 Drawer

- All laminate construction
- Open access to contents
- 6 easy-load positions for exercise band
- 2 solid plastic, cuff weight racks
- 22 spaces for dumbbells weighing up to 10 lbs.
- 1 multi-position self for storage
- 1 drawer that can hold up to 75 lbs. features smooth glides and one-piece metal sides
- Satin door and drawer pulls

*All supplies shown NOT included.*

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## HomeTeam Tables™ Tall Storage Cabinets



### 5220

#### Tall, PT Cabinet with Weight Bar Storage

- All laminate construction
- Door lock and inside bolt latch included
- Double door, 270° full swing hinges, fold out of the way for full access to contents
- 2 upper storage cubbies
- 2 solid plastic, cuff weight racks
- 3 compartments for weight bar storage
- Satin door pulls

*All supplies shown NOT included.*

#### SPECIFICATIONS

30" W x 23.5" D x 78" H



### 5221

#### Open Access, Tall, PT Cabinet with Weight Bar Storage

- All laminate construction
- Open access to contents
- 2 upper storage cubbies
- 2 solid plastic, cuff weight racks
- 3 compartments for weight bar storage
- Satin door pulls

*All supplies shown NOT included.*

#### SPECIFICATIONS

30" W x 23.5" D x 78" H

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## SPECIFICATIONS

30" W x 23.5" D x 78" H

### 5230

#### Tall, PT Cabinet with 6 Storage Bins

- All laminate construction
- Door lock and inside bolt latch included
- Double door, 270° full swing hinges, fold out of the way for full access to contents
- 2 upper storage cubbies
- 2 solid plastic, cuff weight racks
- 6 plastic storage bins on no-rust, plastic tracks
- Satin door pulls

*All supplies shown NOT included.*



## SPECIFICATIONS

30" W x 23.5" D x 78" H

### 5231

#### Open Access, Tall, PT Cabinet with 6 Storage Bins

- All laminate construction
- Open access to contents
- 2 upper storage cubbies
- 2 solid plastic, cuff weight racks
- 6 plastic storage bins on no-rust, plastic tracks
- Satin door pulls

*All supplies shown NOT included.*

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## SPECIFICATIONS

30" W x 23.5" D x 78" H

### 5230

#### Tall, PT Cabinet with 6 Storage Bins

- All laminate construction
- Door lock and inside bolt latch included
- Double door, 270° full swing hinges, fold out of the way for full access to contents
- 2 upper storage cubbies
- 2 solid plastic, cuff weight racks
- 6 plastic storage bins on no-rust, plastic tracks
- Satin door pulls

*All supplies shown NOT included.*



## SPECIFICATIONS

30" W x 23.5" D x 78" H

### 5231

#### Open Access, Tall, PT Cabinet with 6 Storage Bins

- All laminate construction
- Open access to contents
- 2 upper storage cubbies
- 2 solid plastic, cuff weight racks
- 6 plastic storage bins on no-rust, plastic tracks
- Satin door pulls

*All supplies shown NOT included.*



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## SPECIFICATIONS

28" W x 28" D x 65" H

### 5101A

#### Astoria MaxRac without Mirror

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds, hollow core center only) and/or tubing. (Tubing spools sold separately. All items shown not included.)
- Minimum floor space requirement
- Large interior space with door
- Raised edge on top allows for extra storage space
- Strong polycarbonate dumbbell rods are angled for added stability
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight "sliding hook system" makes lateral positioning easy (15 hooks included)
- Protective plastic bumpers on base
- 4" swivel casters/2 locking
- Holds up to 64 cuff weights, 22 dumbbells and 6 rolls of exercise band (not included)

**NOTE: If no color is selected, Gray will be shipped.**



## SPECIFICATIONS

28" W x 28" D x 65" H

### 5101B

#### Astoria MaxRac with Mirror

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds, hollow core center only) and/or tubing. (Tubing spools sold separately. All items shown not included.)
- Minimum floor space requirement
- Large interior space with door
- Mirror has polished edges and ANSI safety backing
- Raised edge on top allows for extra storage space
- Strong polycarbonate dumbbell rods are angled for added stability
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight "sliding hook system" makes lateral positioning easy (15 hooks included)
- Protective plastic bumpers on base
- 4" swivel casters/2 locking
- Holds up to 64 cuff weights, 22 dumbbells and 6 rolls of exercise band (not included)

**NOTE: If no color is selected, Gray will be shipped.**

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## SPECIFICATIONS

28" W x 28" D x 65" H

### 5102A

#### Bayside MaxRac without Mirror

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds, hollow core center only) and/or tubing. (Tubing spools sold separately. All items shown not included.)
- Minimum floor space requirement
- Large interior space with door
- Raised edge on top allows for extra storage space
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight "sliding hook system" makes lateral positioning easy (12 hooks included)
- Strong polycarbonate dumbbell rods are angled for added stability
- Large, easy-access, storage rack for weight bars
- Protective plastic bumpers on base
- 4" swivel casters/2 locking
- Holds up to 48 cuff weights, 22 dumbbells and 6 rolls of exercise band (not included)

**NOTE: If no color is selected, Gray will be shipped.**

### 5102B

#### Bayside MaxRac with Mirror

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds, hollow core center only) and/or tubing. (Tubing spools sold separately. All items shown not included.)
- Minimum floor space requirement
- Large interior space with door
- Mirror has polished edges and ANSI safety backing
- Raised edge on top allows for extra storage space
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight "sliding hook system" makes lateral positioning easy (12 hooks included)
- Strong polycarbonate dumbbell rods are angled for added stability
- Large, easy-access, storage rack for weight bars
- Protective plastic bumpers on base
- 4" swivel casters/2 locking
- Holds up to 48 cuff weights, 22 dumbbells and 6 rolls of exercise band (not included)

**NOTE: If no color is selected, Gray will be shipped.**



## SPECIFICATIONS

28" W x 28" D x 65" H

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SPECIFICATIONS

28" W x 28" D x 66" H

## 5140 Zeus SuperRac

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds, hollow core center only. All items shown not included.)
- Rac design uses all 4 sides for greater storage capacity
- Minimum floor space requirement
- Raised edge on top allows for extra storage space
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight "sliding hook system" makes lateral positioning easy (12 hooks included)
- Strong polycarbonate dumbbell rods are angled for added stability
- 4 drawers and open shelves for additional storage needs
- Protective plastic bumpers on base
- Holds up to 22 dumbbells, 20 weight bars, 4 (25 yds.) rolls of hook & Loop, 6 rolls of exercise band and 48 cuff weights (not included)
- 4" swivel casters/2 locking

*NOTE: If no color is selected, Gray will be shipped.*

## 6155 Bayside MaxRac with Mirror

- Versatile, multi-item weight/storage cabinet with 2 locking doors
- 6 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only) (All items shown not included.)
- 4 shelves (3 adjustable, 1 fixed)
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective plastic bumpers
- 4" swivel casters/2 locking
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight "sliding hook system" makes lateral positioning easy (12 hooks included)
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and much more (not included)

*NOTE: If no color is selected, Gray will be shipped.*

## XP1001 Extra Set of Four 10" Sliding Cuff Weight Hooks

- Set of four 10" chrome-plated, sliding cuff weight hooks with plastic tip
- For use with Clinton Weight Racs

## XP1002 Extra Set of Four 4" Sliding Cuff Weight Hooks

- Set of four 4" chrome-plated, sliding cuff weight hooks with plastic tip
- For use with Clinton Weight Racs



SPECIFICATIONS

29" W x 23" D x 62" H



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SPECIFICATIONS

31" W x 24" D x 71" H

## 7121

### Combo Mirror/Cuff, Band and Dumbbell Rac

- 6 independent, easy change positions for holding your choice of exercise band (50 yds., hollow core center only.) Items shown not included.
- Solid surface, no pegboard to chip
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight sliding hook system makes lateral positioning fast and easy (12 hooks included)
- Protective plastic bumpers
- 3" swivel casters/2 locking
- Full length glass mirror with beveled edges and ANSI safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Holds up to 32 cuff weights, 22 dumbbells and 6 rolls of exercise band. (Not included)

*NOTE: If no color is selected, Gray will be shipped.*



SPECIFICATIONS

31" W x 24" D x 71" H

## 7124

### Combo Mirror Cuff Weight and Dumbbell Rac

- Sleek designed cuff weight/dumbbell rac and mirror combo provides easy access, and storage. (Items shown not included.)
- Solid surface, no pegboard to chip
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight sliding hook system makes lateral positioning fast and easy (12 hooks included)
- Protective plastic bumpers
- 3" swivel casters/ 2 locking
- Full length glass mirror with beveled edges and ANSI 297 safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Holds up to 48 cuff weights and 22 dumbbells (Not included)

*NOTE: If no color is selected, Gray will be shipped.*



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## SPECIFICATIONS

31" W x 24" D x 53" H

### 7131-F

#### Double Weight Rac with Mirror

- 2 rods hold up to 6 hollow core 50 yds. band rolls. (All items shown not included.)
- Solid surface, no pegboard to chip
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight sliding hook system makes lateral positioning fast and easy (12 hooks included)
- Easy-clean, all laminate construction
- Protective plastic bumpers
- 3" swivel casters/2 locking
- Strong polycarbonate dumbbell rods are angled for added stability
- Full length glass mirror with beveled edges and ANSI 297 safety backing
- Holds up to 32 cuff weights and 22 dumbbells (Not included)

**NOTE: If no color is selected, Gray will be shipped.**



## SPECIFICATIONS

31.5" W x 18" D x 72" H

### 6154

#### Combo Weight/MirrorRac

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds., hollow core center only). (All items shown not included.)
- Strong polycarbonate dumbbell rods are angled for added stability
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight sliding hook system makes lateral positioning fast and easy (12 hooks included)
- Protective plastic bumpers
- 3" swivel casters/2 locking
- Full length glass mirror with beveled edges and ANSI 297 safety backing
- Holds up to 48 cuff weights, 22 dumbbells and 6 rolls of exercise band. (Not included)

**NOTE: If no color is selected, Gray will be shipped.**



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# HomeTeam Tables™ Two-Sided, Weight Racs



## SPECIFICATIONS

31" W x 24" D x 53" H

### 7019-F

#### Mobile Cuff Weight/Dumbbell and Band Rac

- Easy-clean, all laminate construction
- 2 rods hold up to 6 hollow core 50 yds. band rolls. (Exercise band not included)
- Solid surface, no pegboard to chip
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight sliding hook system makes lateral positioning fast and easy (12 hooks included)
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective plastic bumpers
- 3" swivel casters/ 2 locking
- Holds up to 64 cuff weights and 22 dumbbells. (Not included)
- All items shown not included.

**NOTE:** If no color is selected, Gray will be shipped.



## SPECIFICATIONS

25" W x 19" D x 53" H

### 7027-F

#### Mobile Cuff Weight and Dumbbell Rac

- Easy-clean, all laminate construction
- Solid surface, no pegboard to chip
- ClintonClean™ solid plastic, cuff weight strips
- Cuff weight sliding hook system makes lateral positioning fast and easy (12 hooks included)
- Protective plastic bumpers
- 3" swivel casters/2 locking (8 cm)
- Strong polycarbonate dumbbell rods are angled for added stability
- Holds up to 32 cuff weights and 22 dumbbells (Not included)

**NOTE:** If no color is selected, Gray will be shipped.

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## 5114M Slim, Weight Rac/Kiosk

- Creative slim design combines aesthetic appeal and function. (Weights and other items not included.)
- Minimum floor space requirement
- 4 adjustable shelves
- Gray laminate with ClintonClean™ solid plastic base
- Holds 22 dumbbells and much more (Dumbbells not included).

### SPECIFICATIONS

29.5" W x 14" D x 54" H



### SPECIFICATIONS

3" W x 48" H



### SPECIFICATIONS

23.5" W x 4.5D x 36.5" H

## 5113K Gray Laminate Dumbbell Strip

- Wall mounted with pre-drilled mounting holes included
- Strong polycarbonate rods, angled for stability
- Holds up to 11 dumbbells
- Gray laminate surface
- **Dumbbells not included**

*NOTE: Mounting hardware not included. Check with your building manager for the proper type of fasteners needed for your specific wall structure.*

## 4716 Wall Weight BarRac

- Plastic mounting hooks will not scratch bars
- Gray Laminate surface
- Holds 8 weight bars
- **Weight bars not included**

*NOTE: Mounting hardware not included. Check with your building manager for the proper type of fasteners needed for your specific wall structure.*

# HomeTeam Tables™ Bolsters, Wedges & Pillows



## Bolster

<b>50</b>	diameter	length
	6"	24"

## Bolster

<b>51</b>	diameter	length
	8"	24"

## Half Round with Flat Side

<b>52</b>	length	width	height
	18"	8"	6"

## Cube

<b>53</b>	length	width	height
	12"	8"	3"

## Cube

<b>54</b>	length	width	height
	12"	8"	6"

## Wedge

<b>56</b>	width	depth	height
	24"	18"	6"

## Wedge

<b>57</b>	width	depth	height
	20"	32"	12"

## Wedge

<b>58</b>	length	width	height
	16"	8"	8"

## Cube/Incline

<b>61</b>	width	depth	height
	20"	32"	12"

## Large Pillow

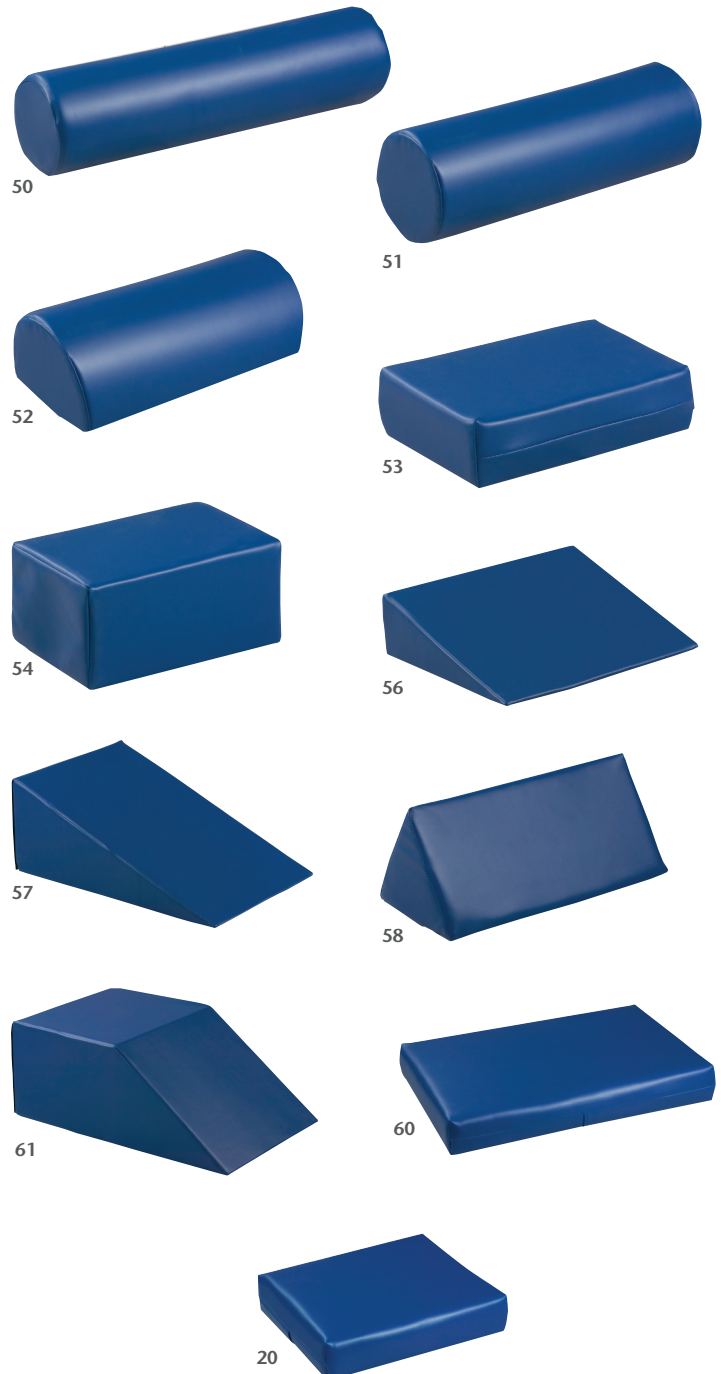
<b>60</b>	length	width	height
	20"	13"	3"

## Small Pillow

<b>20</b>	length	width	height
	14"	12"	3"

Bolsters, wedges and pillows feature:

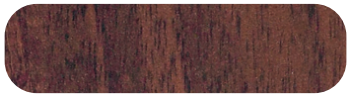
- Firm high density urethane foam core
- Knit-backed, sewn, vinyl cover in choice of color
- Easy-clean surface



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## HomeTeam Tables™ Laminate Selections



Dark Cherry



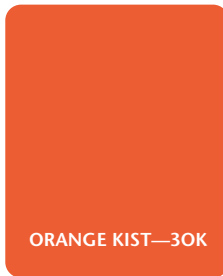
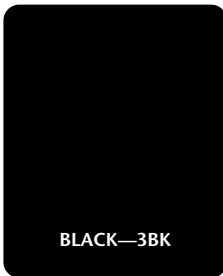
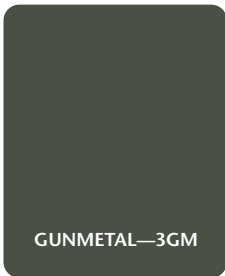
Maple



Gray

## HomeTeam Tables™ Vinyl Selections

### Standard Upholstery Colors



*NOTE: Other colors may be available by request, although it may result in longer wait times for delivery.*



800-441-9131 • 717-848-3519  
Toll-Free Fax 866-522-1233 • Fax 717-843-5871  
[www.hometeamtables.com](http://www.hometeamtables.com)